

**green day - Brain Stew**

Date: Tue, 28 Oct 1997 06:42:05 -0800 (PST)  
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 Subject: Tab: Barin Stew By Green Day

BRAIN STEW  
 Insomniac  
 Green Day  
 Tabbed By: Mike Matay

After Seeing raff[at]hollinet.com's version of Brain Stew I decided to Post

a more accurate way, I'm not sure how accurate it is, but its a lot closer

Tab symbols used:

x - rake

Note:

You Have to Palm Mute the whole song

Riff 1:

```
e |-----|
B |-----|
G |-----|
D |-9-9-----8-8-----7-7-----6-6--5-5-|
A |-9-9-----8-8-----7-7-----6-6--5-5-|
E |-7-7-----6-6-----5-5-----4-4--3-3-|
```

Riff 2:

```
e |-----|
B |-----|
G |-----|
D |-9-9-(9)----8-8-(8)----7-7-(7)----6-6--5-5-|
A |-9-9-(9)----8-8-(8)----7-7-(7)----6-6--5-5-|
E |-7-7-(7)----6-6-(6)----5-5-(5)----4-4--3-3-|
```

Riff 3:

```
e |-----|
B |-----|
G |-----|
D |-9-9--x-x-x-x-x--8-8--x-x-x-x-x--7-7--x-x-x-x-x--6-6-x-5-5-|
A |-9-9--x-x-x-x-x--8-8--x-x-x-x-x--7-7--x-x-x-x-x--6-6-x-5-5-|
E |-7-7--x-x-x-x-x--6-6--x-x-x-x-x--5-5--x-x-x-x-x--4-4-x-3-3-|
```

**PROCEDURE**

Do Riff 1, 6 Times  
 Do Riff 2, 6 Times  
 Do Riff 3, 2 Times  
 Do Riff 2, 4 Times  
 Do Riff 3, 2 Times  
 Do Riff 2, 4 Times

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Do Riff 3, 6 Times

LYRICS

I'm having trouble trying to sleep  
I'm counting sheep but running out  
As time ticks by  
And still I try  
No rest for crosstops in my mind  
On my own ... here we go

My eyes feel like they're going to bleed  
Dried up and bulging out my skull  
My mouth is dry  
My face is numb  
Fucked up and spun out in my room  
On my own ... here we go

My mind is set on overdrive  
The clock is laughing in my face  
A crooked spine  
My sense dulled  
Passed the point of delirium  
On my own ... here we go

Look for More Green Day Tabs by Mike Matay, such as: 86, When I come Around, Hitching a Ride, and Many More.

Also look for My Metallica Tabs, I will be posting every Metallica Tab on every one of their Albums, except from Load (I don't own that book yet)!!!!

To Request a Tab, Mail Me at "Sanitarium44[at]HoTMaiL.CoM"!!!

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